Choosing an appropriate FOAM or SECONDARY Dressing
Supporting the Lothian Joint Formulary [www.ljf.scot.nhs.uk]

<table>
<thead>
<tr>
<th>No/Low Exudate</th>
<th>Moderate Exudate</th>
<th>High Exudate</th>
<th>Very High Exudate</th>
</tr>
</thead>
<tbody>
<tr>
<td>Comfeel® Plus Ulcer or Comfeel® Transparent dressing or Kliniderm® foam silicone lite or Kliniderm® foam border lite</td>
<td>Tegaderm® Foam or Tegaderm® Foam Adhesive For fragile skin/painful wounds: Kliniderm® Foam silicone or Kliniderm® Foam silicone border</td>
<td>AQUACEL® Foam dressing Or AQUACEL® Foam Adhesive Or Allevyn® Life If extra absorbency required add: Aquacel® Extra under foams</td>
<td>Super Absorbent dressing Kerramax® Care Or Zetuvit® Plus Specialist shapes: Biatain® Super (adhesive) Or Eclypse® Boot/foot shape</td>
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</tbody>
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Remember to ‘step up’ and ‘step down’ dressings as exudate levels change
All dressings can be left in place for up to 7 days

Foams:
Use as a primary or secondary dressing
Should not be applied to dry wounds, scabs or eschar (black dry necrosis)

**AQUACEL® Foam** dressing is a more cost-effective alternative to the combination of AQUACEL® Extra™ and foam dressing

**Superabsorbents** should be used for fluid management where dressings need to be changed daily or more often

For full information on dressing choices see the Lothian Joint Formulary website [www.ljf.scot.nhs.uk] TV Service /LJF Feb 2017 Review date: Feb 2020